



LA CAROLINA LODGE ACTIVITIES



ACTIVITIES

YOU CAN DO AT THE LODGE



HORSEBACK RIDING

Our daily advanced horse ride takes you through the ranch, meadows, near the tropical forest, through the farm's green valleys and hillsides, past fruit groves and beautiful open pastures. Along the way, keep a look out for monkeys, birds, sloths and other animals that make our place their home. On a clear day you will delight in the beautiful, majestic view of the Miravalles and Tenorio Volcanoes.



\$ 25 pp/ \$5 pp kids in yard



Make your reservation in advance



Minimum age: 10 years



Duration: Approx. 1 h



MILKING COWS AND FARM TOUR

A short walk from the lodge through the picturesque meadow brings you to the barn. Children of all ages enjoy milking the cows and meeting the baby calves. Adults are always welcome to give it a try.



Free for the guest



You can use boots (in the stable)



Duration: Approx. 1 h



HIKING

What would Pure Costa be without a walk in our on-site forest? Follow the yellow arrows, from the stables, through the lush pastures, and deep into the tropical forest as you walk along the meandering river, spotting fish, insects, butterflies, birds, monkeys, sloths and frogs.



Free for the guest



Bring Hiking Boots, long pants, use sunscreen, hat.



Please do not start your hike after 4pm unless accompanied by a guide.



Duration: Approx. 1,5 h



GREEN HOUSE TOUR

A short hike from the Lodge brings you to our abundant organic gardens and orchards. Our guide will explain how the produce is grown and harvested, and you may even get a taste of freshly picked fruit right off the tree.



Free for the guest



You can walk in the mornings and afternoons.



Duration: Approx. 1 h



MASSAGES, FACIAL OR COMBO

Our highly experienced, licensed masseuse and physical therapist will await you in the sanctuary where you can enjoy deep tissue, relaxation massages and facials while listening to the soothing sounds and views of the flowing river.

- **1 Hour Massage: \$55**
- **Facial: \$65 (45 min)**
- **Combo: \$95 (1,5 hour)**



Make your reservation in advance



FISHING & BOAT AT THE LAKE FARM

Enjoy a fun fishing in the Lake of the property. An activity for children and adults.



Free for the guest



Bring: Hiking Boots (or rubber boots), long pants, sunscreen, hat, bug spary.

OFF-PROPERTY ACTIVITIES



RIO CELESTE WATERFALL

Enjoy a beautiful walk through the Tenorio Volcano National Park with the famous blue Rio Celeste waterfall. You will visit the area where the river gains its amazing blue color, steaming hot and mineral mud pits, lookout point and the breathtaking blue lagoon. This hike is through primary and secondary rainforest with fauna and abundant flora. An unforgettable experience!



8 am a 2 pm



Tickets only Online



Nationals and residents:
€800 + taxes adults, €500 + taxes kids
Non-residents: \$14 Adults, \$6 kids



Duration: Approx. 3 h



PRIVATE GUIDE RIO CELESTE WATERFALL

Do you want to enjoy a guided and private tour of the Tenorio Volcano National Park? Enjoy walking through a beautiful primary and secondary forest, surrounded by exuberant flora and fauna native to the area. Your certified local guide specialized in English, will provide you with important information about the Park, its history, its flora and about some species of fauna found along the way.



Make your reservation in advance.



Payment only in cash to Guide.



50\$ adults, \$35 kids (included: tickets + fruit)
30\$ adults, \$20 kids (included guide+ fruit)
25\$ adults, \$15 kids (without tickets or fruit)



NATURAL SURPRISES TRAIL

Private trail to swimming in the blue water of Rio Celeste. This route has an approximate length of 800 meters and a duration of 25 min.

¡Make your reservation in advance!



Bring hiking shoes



Rio Celeste Sendero Las Sorpresas



\$ 6 pp (The prices may vary)



TUBING TOUR

Enjoy a trip through the Rio Celeste, full of emotions and ideal to share with friends and family, you can swim in the blue water pools and enjoy the views.



Make your reservation in advance!



\$ 45 pp



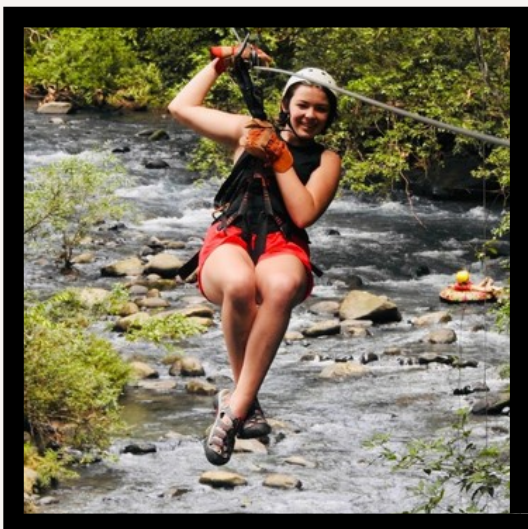
Villa Celeste De Katira



9:00 am
11:00 am
1:00 pm
3:00 pm



Duration: 2 hours



ZIPLINE

Get your heart pounding by taking a zipline ride through the Costa Rican forest canopy and Rio Celeste; Whiz along cables slung through the Rio Celeste, admire incredible views, fly over and in between trees to feel an adrenaline rush like no other.



Make your reservation in advance!



\$ 45 pp



Villa Celeste De Katira



9:00 am
11:00 am
1:00 pm
3:00 pm



Duration: 2 hours



SLOTH TOUR

Enjoy a sloth tour with an experienced, local guide. On the trails you will get to observe the sloth, and learn about the importance of and their environment.



Jungle Life Bijgua



Duration: Approx. 1,5 h



\$20pp (The prices may vary)



Night Tour

Enjoy a night tour with an experienced, local guide. During the tour you will get to , and learn about the importance of various species of frogs, snakes and their environment.



¡Make your reservation in advance!



Duration: Approx. 2,5 h



\$67 pp (The prices may vary)



Valle del Tapir



VINO DE CAÑA TOUR

Enjoy VINO de Caña tour, where you can learn about the history of sugar cane, its uses and the process of distillation of alcohol based on sugar cane. You can also taste different drinks. A tour full of emotion and ideal to share with friends and family.



¡Make your reservation in advance!



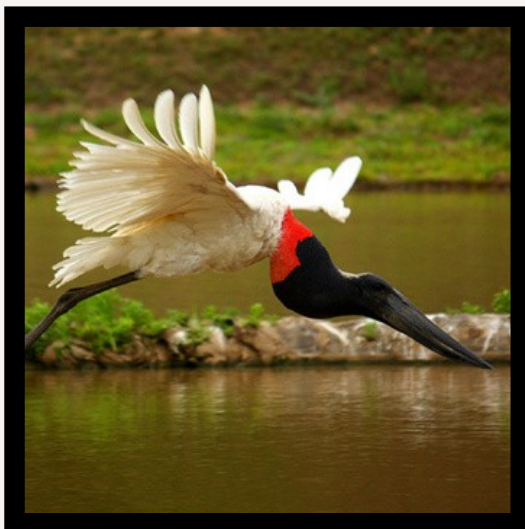
Duration: Approx. 2 h



\$25 pp (The prices may vary)



Eco Paradise



CAÑO NEGRO BIRDING AND PICTURES

Caño Negro, known for its bird watching is approximately a 2-hour (4x4) drive from the Lodge. You will be amazed by the array of roseate spoonbills, limpkins, cattle egrets, white ibis, wood stork, whistling ducks, and much more. Many reptiles such as turtles and caimans line the banks as boat tours operate along the Río Frio, a slow flowing river that winds through canyons on its way to the Caño Negro Lake.

¡Make your reservation in advance!



Bring: Comfortable clothing, insect repellent, sunscreen, and hat.



2 pax: \$125 (including tickets)

3 pax: \$150 (Including tickets)

4 pax: \$175 (including tickets)

5 pax: \$200 (including tickets)



Duration: 2,5 hours



CAÑO NEGRO REGULAR TOUR

Caño Negro, known for its bird watching is approximately a 2-hour (4x4) drive from the Lodge. You will be amazed by the array of roseate spoonbills, limpkins, cattle egrets, white ibis, wood stork, whistling ducks, and much more. Many reptiles such as turtles and caimans line the banks as boat tours operate along the Río Frio, a slow flowing river that winds through canyons on its way to the Caño Negro Lake.

¡Make your reservation in advance!



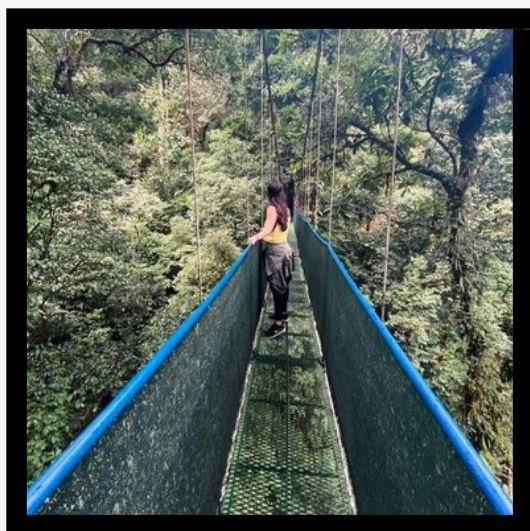
Bring: Comfortable clothing, insect repellent, sunscreen and hat.



2 pax: \$110(including tickets)
3 pax: \$135(Including tickets)
4 pax: \$160 (including tickets)
5 pax: \$185(including tickets)



Duration: 2,5 hours



HELICONIAS HANGING BRIDGES

At the Heliconias Lodge your tour through the hanging bridges, connecting you to a 2.2km trail, will bring you extremely close to the wonderful biodiversity of the rainforest. The three canopy level bridges will allow you to experience the great complexity of the rainforest canopy. Whilst walking through this rainforest you have the opportunity to identify plants, birds, monkeys and other wildlife. You can hire one of Heliconias Lodge's guides or walk on your own.



¡Make your reservation in advance!



Duration: Approx. 2- 3 hrs



\$ 20 pp without tourist guide (The prices may vary)



RIVER FLOAT AND RAFTING TOURS

Experience a scenic Costa Rican rafting trip on the beautiful tranquil Rio Corobici. A perfect trip for spotting monkeys, birds and caimans. Or, if you are looking for more adventure, the Tenorio River boasts some thrilling rapids. You can enjoy this unforgettable experience with Rio Tropicales, a certified river rafting company only 50 minutes from the Lodge. (Starting point: Restaurant Rio Corobici)

¡Make your reservation in advance!



Bring: Rubber soled shoes, swim trunks, insect repellent, sun block, hat, and change of clothes.



RCR Rafting CR



Price: Varies by activity



Duration: Varies by activity

LA AMISTAD COCOA FARM



Tree to Bar Tour: Discover the whole process from seedling to chocolate bar. You can make your own bars and take them with you.

Cocoa Farm Tour: Have an insight into the daily farm life of Finca La Amistad, one of the finest and largest cocoa farms in Costa Rica. See how much hard work and passion it takes to get fine cocoa beans and chocolate.

Chocolate Workshop: Make your own pure chocolate right on the cocoa farm. You can make your own bars and take them with you.



¡Make your reservation in advance!

- Tree to Bar tour: \$55 adult / \$45 Kids
- Cocoa Farm Tour: \$25 adult / \$20 Kids
- Chocolate Workshop: \$45 adult / \$35 Kids



Duration: Varies by activity



Finca La Amistad Cacao Lodge

Schedules

Cocoa Farm Tour

8:30 am
10:00 am
1:00 pm
2:00 pm

Chocolate Workshop

10:00 am
11:00 am
2:00 pm
3:00 pm
4:00 pm

Tree To Bar Tour

8:30 am
10:00 am
1:00 pm
2:00 pm



RIVER FLOAT AND RAFTING TOURS

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RCR Rafting CR



Price: Varies by activity



Duration: Varies by activity

LUNCH ON TUBING MEETING POINT



If you are looking for a restaurant to enjoy typical Costa Rican foods, Villa Celeste Katira offers you restaurant service to enjoy a delicious lunch and continue doing fun activities such as tubing and zipline.

¡Make your reservation in advance!


 **\$8 pp**


 **Villa Celeste De Katira**




BIJAGUA WATERFALL

Enjoy a beautiful walk through wooded trails and the delicious crystal clear waters of the beautiful Bijaguas waterfalls. A walk of approximately 2 hours where you can observe the biodiversity that surrounds the town of Bijagueño.

 ¡Make your reservation in advance!

 Duration: Approx. 2hrs


 \$ 10 pp without tourist guide (The prices may vary)


 **Cataratas Bijagua Lodge**



BUTTERFLY GARDEN

Enjoy a beautiful tour through Mariposario Peniel, located in Bijagua. Observe the wide variety of butterfly species and their beautiful colors.

 **Mariposario Peniel**

 **Free (buy something at El Sabor de doña Carmen)**